

## **Best Practice - 1**

### **Title : ADULT LITERACY PROGRAMME**

#### **Objective of the practice**

Objective of this programme is to eradicate illiteracy among adults of the age group above 30. Imparting literacy skills to persons belonging to the economically and socially deprived sections of the society and also creating an awareness in helping among them to overcome their helplessness and to achieve self-reliance. This is a practice in which adults engage in systematic and sustained self-educating activities in order to gain basic knowledge, skills, attitudes, or values. A larger scale goal of adult education may be the growth of society by enabling its citizens to keep up with society and maintain good social order.

#### **The Context**

Most of the students of our institution sail from rural areas. Most of the students parents are illiterate and earn their livelihood by doing work in the farms and house hold, their elderly neighbours are also illiterate. As they are illiterate very often they are liable to be treated, when they get loans from others by signing the documents (Thumb impression) without being able to read the content of the documents. During the Ward meeting the problem was disclosed by the students and under these circumstances the teachers initiated Adult Literacy programme to the students.

#### **The Practice**

Third year students of The Department Of English were selected for the program. The students were provided with the modules to teach the illiterate adults. Sixty adults were selected for the program. It was decided to conduct the program for thirty days after the college hours. The students were asked to spend atleast one hour with their wards, involving themselves teaching in basic regional language skills of reading and writing. They were also asked to teach the basic numerical problems like addition and subtraction. The students were highly motivated and taught the adults enthusiastically for one month. By the end of the programme 80% of the Adult were able to read and write, though not fluently. They were able to sign in English and in the regional language Tamil. Feed back was collected from the

Stakeholders. The students found it very challenging and interesting to teach to their own parents, grand parents and neighbours.

**Problems encountered:**

The people who joined the programme faced some hurdles during the process of learning. As many of them were coolies and maid servants, they were not able to be excused from their masters to attend the classes on time. Few of them were aged above sixty and they found it very difficult to memorize the alphabet. However, their interest and enthusiasm motivated them to learn more the language Tamil.

**Evidence of Success:**

As the stakeholders have learnt to read and write they will not be cheated by others. They feel more confident, self reliant and they are able to read the Newspaper and the written communication. The programme proved that the students have developed patience and the skill of imparting knowledge to others.

## **BEST PRACTICES – 2**

### **Title of the Practice: Inculcating Kindness, Compassion and caring of old age people**

#### **Objective of the Practice.**

- To create awareness among the students for caring aged people
- To understand aged people and their requirements
- To develop acquaintance with the senior citizen and to obtain knowledge through their experience
- To sensitise younger generation about their responsibilities to the society

#### **The context:**

Now a days' number of old age homes are increasing rapidly. It is evident that the increase in life expectancy and the population of the elderly has increased.

Several health related and psychological problems in the life of elderly people are also in higher ratio; in developing countries like India, there are changes due to the disintegration of the joint family system and other related social functions. So it's very important to inculcate good value oriented culture among the students about the importance of aged people. This practice has been initiated by the faculties of C. Kandaswami Naidu College for women and practised by the students both in their personal life as well their meeting with the elderly in social life

#### **The Practice:**

Girls from CKNC were taken to "Thaya" Home for aged in Pudupalayam, Cuddalore NT, They interacted and helped the needy people whole heartedly. Through this meeting with the old people, students could understand their problems. This made the students to be kind all the aged and needy people. Due to this visit, they are able to understand the problems of others and also the way to rectify them by offering financial and physical help.

#### **Evidence of Success:**

Girls are playing a vital role in our society. Motivate them to be aware of the problem and know their psychological and physiological needs, particularly in old age. Make the students to be kind and share time and things to the needy. Further they learn to cater to the needs and accept them as part of the family and society.

#### **Problems Encountered:**

Students are coming from villages and low economic background. Moreover, most of them are first generation graduates. Abandoned conditions of the old will not be encountered in the society. This kind of practices creating opportunities to meet to old people and understand & fulfil their requirements will allude the problems in society and strengthen the power of both young and old generation